

St. Andrews Primary School

Newsletter Term 3 - Issue 13

14th August 2015

From the Principal's Desk

A few years ago my wife and I received an invitation to a 21st birthday from a former student and her family who had kept in contact with us over the years due to serious health concerns that the young girl had faced while at school.

In the invitation, she had thanked us for the ways we had helped "pack her parachute" during her years at school and beyond. Inside the invitation, she had placed a folded up copy of this excerpt by Charlie Plumb:

"Packing Parachutes"

By Charlie Plumb

Recently, I was sitting in a restaurant in Kansas City. A man about two tables away kept looking at me. I didn't recognize him. A few minutes into our meal he stood up and walked over to my table, looked down at me, pointed his finger in my face and said, "You're Captain Plumb."

I looked up and I said, "Yes sir, I'm Captain Plumb."

He said, "You flew jet fighters in Vietnam. You were on the aircraft carrier Kitty Hawk. You were shot down. You parachuted into enemy hands and spent six years as a prisoner of war."

I said, "How in the world did you know all that?"

He replied, "Because, I packed your parachute."

I was speechless. I staggered to my feet and held out a very grateful hand of thanks. This guy came up with just the proper words. He grabbed my hand, he pumped my arm and said, "I quess it worked."

"Yes sir, indeed it did", I said, "and I must tell you I've said a lot of prayers of thanks for your nimble fingers, but I never thought I'd have the opportunity to express my gratitude in person."

He said, "Were all the panels there?"

"Well sir, I must shoot straight with you," I said, "of the eighteen panels that were supposed to be in that parachute, I had fifteen good ones. Three were torn, but it wasn't your fault, it was mine. I jumped out of that jet fighter at a high rate of speed, close to the ground. That's what tore the panels in the chute. It wasn't the way you packed it."

Let me ask you a question," I said, "do you keep track of all the parachutes you pack?"

"No" he responded, "it's enough gratification for me just to know that I've served."

I didn't get much sleep that night. I kept thinking about that man. I kept wondering what he might have looked like in a Navy uniform — a Dixie cup hat, a bib in the back and bell bottom trousers. I wondered how many times I might have passed him on board the Kitty Hawk. I wondered how many times I might have seen him and not even said "good morning", "how are you", or anything because, you see, I was a fighter pilot and he was just a sailor. How many hours did he spend on that long wooden table in the bowels of that ship weaving the shrouds and folding the silks of those chutes? I could have cared less...until one day my parachute came along and he packed it for me.

So the philosophical question here is this: How's your parachute packing coming along? Who looks to you for strength in times of need? And perhaps, more importantly, who are the special people in your life who provide you the encouragement you need when the chips are down? Perhaps it's time right now to give those people a call and thank them for packing your chute.

The invitation from my student and Charlie Plumb's story made me think about what a significant task we all have in preparing others for their futures.

Your children will someday accomplish amazing things. And when they do, they may or may not understand all the people who played a part in packing their parachutes. But you will have played a part in their futures.

And when you think of your own mentors—those who have served you in obvious as well as obscure ways—remember them with thankfulness too.

Gratitude is a powerful action that helps keep you centred on the blessings all around you and the significance in what you do each day. We are so fortunate to be surrounded by so many who help us every day.

Kind Regards

Michael Tonnet

Principal

Student of the Week

K Blue	Isaac Consolini	Michae'l Kenny
K Green	Jaxson Pyda	Jayden Ferguson
K Red	Aurelle Husada	Jasmine Cubillo
K Yellow	Name Withheld	Name Withheld
1 Blue	Amelia Manks	Andrew Bolis
1 Green	Emmanuel Eroles	Name Withheld
1 Red	Name Withheld	Name Withheld
1 Yellow	Monique Richardson	Saviour Yosia Edward
2 Blue	Ariana Fatone	Mia Gutierrez-Lanosga
2 Green	Schoenel DeLaCruz	Matthew Atencia Morales
2 Red	Aditya Rawal	Robert Orule
2 Yellow	Sharlene San Pedro	Ysabel Rimando
3 Blue	Anthony George	Rhys Prats
3 Green	Aisis Panaligan	Name Withheld
3 Red	Shania San Pedro	Name Withheld
3 Yellow	Marco Domingo	Name Withheld
4 Blue	Gabrielle Ramos	Zyelan Rimando
4 Green	Name Withheld	Sebastian Baltis
4 Red	Daniel Martignago	Cristian Prundus
4 Yellow	Carli Pieters	Olyvia Radovu
5 Blue	Zackary Kleinig	Monique Vasquez
5 Green	Name Withheld	Thyrone Henderson
5 Red	Shakaya Tallon	Name Withheld
5 Yellow	Zain Chaudry	Name Withheld
6 Blue	Tane Bob	Decon VandenHooven
6 Green	Brody Gravina	Charisse DeMesa
6 Red	Shannon Ninte	Brandon Pollock
6 Yellow	Julie Nguyen	Yohan Ghashieh Khosrow

Younger Widowed Bereavement Support Group

Has your spouse or partner died and are you searching for someone who understands the enormity of your loss and the impact this is having on your life and your children?

Do you long to connect with others who have experienced a similar loss?

Are you unsure of how to assist your children through their grief?

Would you like support as you deal with your changed circumstances?

VENUE: CCSS Centre 51 – 59 Allawah St., Blacktown

DATE: 3rd Tuesday of each Month (Feb –Dec)

TIME: 7.00pm – 9.00pm COST: \$5.00 REGISTRATION Solo Parent Services PHONE: Eileen or Rita - PH: 9933 0205 OLMC Parramatta Open Morning Tour

CANTEEN NEWS

How to place a lunch order

JOHN SMITH
4 BLUE

1 PIE WITH SAUCE \$3.70

Please clearly write your child's name, class, lunch order and amount, on a paper bag, place money inside and fold. Allow your child to place it in the class basket.

FOR SALE

1/2 Size Cello

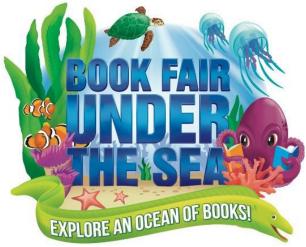
2nd Hand Instrument - Suitable for practice at home.

Bought from Strings Programme.

Hardly used, comes with bow and padded bag.

\$450 ono

Call Lynne Kelly



BOOK FAIR

Place - St Andrew's School Hall

Reading for pleasure inside and outside of school has real and long-lasting benefits. It unlocks the power of information and imagination and helps children discover who they are.

Date - Wednesday 26th August

Time - 11.30 am

Parents & Friends Welcome

Our Scholastic Book Fair is a reading event that brings to school the books kids want to read. It's a wonderful selection of engaging and affordable books for every reading level. The goal of our book

fair is to raise funds for improving technology in our Library and also provide new literacy resources. Please make plans to visit our Book Fair and be involved in shaping your child's reading habits.

The week before the book fair all student s will be given the opportunity to view the books available and make a "wish-list" of possible choices.

Book Fair dates: Monday 24th August to Thursday 27th August

Shopping hours: 9 am to 3.15 (not during the Book Parade)

Where: The School Library

Please find attached your Book Fair invitation and information regarding payment methods and purchasing options.

Cash/cheque and EFTPOS facilities will be available in the Library during the book fair.

We look forward to seeing you and your family at our Book Fair!

BOOK PARADE

"Books Light Up Our World"

Just a reminder that the Book Parade will be held on Wednesday 26th August at 11.30 a.m. in the School Hall. We encourage all children to dress up as their favourite book character. Please ensure that you child has the name of their character clearly displayed on their costume. Students who do not come in costume must wear their school uniform on the day,

There will be no Grandparent's Liturgy as previously advertised.





This year ST ANDREW'S GOT TALENT SHOW will be held on FRIDAY 4TH SEPTEMBER 2015 in our School Hall.

Each GRADE will be holding CLOSED AUDITIONS in Week 6 and will select two acts to perform at the show.

All children are invited to audition !!!!!!

Grade teachers have Audition forms to be completed and returned to school as soon as possible.

One act will be presented with the MR RICHARD MCGUINESS ENCOURAGEMENT AWARD at the conclusion of the show.

SO GET YOUR ACT TOGETHER AND START PRACTISING!



Mrs Yalda's Bookshop - Pre loved Books

Thank you to all the wonderful families who have donated books to "Mrs Yalda's Bookshop."

The children love coming down and choosing books to take home to read - yes they can keep them!

If you have any pre loved children's books at home we would love it if you could donate them. They can be picture books, story books, novels, comics, information books, kid's magazines etc - appropriate for 5 - 12 year olds. Please make sure the books are in good condition - no tears or scribbles.

The bookshop is open to all children, with our main aim being to provide books to children from the school who unfortunately do not have many books to read at home.

If you are able to help, can you please send the books in a plastic bag labelled: Attention MRS YALDA

Many thanks



Catherine McAuley Westmead School Open Morning

9.15 - 11am

Thursday 3rd September and Tuesday 3rd November 2015

Enrolments for Year 7 2017

Catherine McAuley is now accepting enrolments for Year 7 2017.

Each year the demand for places at Catherine McAuley exceeds what is available. Join us on either of our two upcoming school tours especially for Year 7 2017 applicants but open to any year group.

Our Open Morning is a great opportunity to tour around our school grounds, view our fantastic facilities and meet our students and teachers. You will have the opportunity to go into classrooms and see them in action. Both children and adults are most welcome.

Please contact School Reception on 9849 9100 if you would like to attend. Our school tours will leave at 9.15am and car parking will be available in the visitor's car parking area via Gate 3 from 9am onwards. Ask for details when making your booking.

P&F News

The Book Parade will be in two weeks on Wednesday 26th of August.

We will be hosting a morning tea and a raffle. The prizes include:

- 4 Family Passes to Laser Tag /Bowling
- ❖ 3 \$50 Vouchers to use at the uniform shop at school.

The tickets will be \$1 each or 3 for \$2, and they will be sold on the day.



Upcoming Events

We will be needing help with the following events, so we would love to hear from you. If you are available to help, please call Pauline on 0412 663 649 or Kylie on 0423 285 036. Many Thanks in advance for your help.

- Book Parade morning tea August 26 Preparing and serving morning tea
- Disco August 27 Packing Show Bags
- Infants Sports Carnival September 2 Sausage Sizzle
- Father's Day September 3 & 4 Help at the Stall



Start collecting for your school now

educational resources. Australia the chance to earn new Schools and Early Learning Centres around The Woolworths Earn & Learn program gives

Make a difference for your local school

 Stick the Woolworths Stickers onto the Simply shop at Woolworths and you will for every \$10 spent.* receive one Woolworths Earn & Learn Sticker

Woolworths Earn & Learn Sticker Sheet inside.

 Once it's complete, pop it into a Collection Box at website woolworths.com.au/earnandlearn your school or local store. You can download more Woolworths Earn & Learn Sticker Sheets from our

> for every Isticke \$10 you spend 1 Point Earn

'excluding tobacco, liquor and gift cards

music rooms, gymnasiums and science labs. benefited from the program, boosting supplies in classrooms, libraries, Last year more than 14,500 schools and Early Learning Centres

collecting your Woolworths Earn & Learn Stickers today. It's easy to earn valuable resources to help your local school, so start

and conditions and answers to frequently asked questions Go to woolworths.com.au/earnandlearn for more information, terms



earn& learn

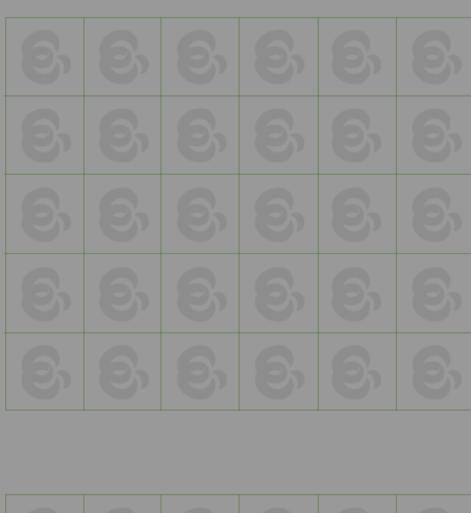




Start collecting for your school today

My Woolworths Earn & Learn Stickers

Stick Woolworths Earn & Learn Stickers in the squares below, then drop your completed Sticker Sheet into the Collection Box at your school or your local Woolworths. They will be redeemed for educational resources.





Entry to the promotion is open to registated thirtary and Secondary schools and eights Entry Learning Centres (ELC) in Australia. Promotional particulation with weatheady 15th with 2015 until Leaday 8th September 2015. Speak to your school or ELC to ensure they arrangistated, or visit woolworths zom, aujust mandistern and check online. One Woodworths Ern & Learn Point is given for every \$10 organic Excludes purphase of liquar, cobecco and gift cands. Woodworths Ern & Learn Points will not be accepted by Promoter unless attached to a Stocker Sheet. Who where the Ern & Learn Points will not be accepted by Promoter unless attached to Stocker Sheet. When the Ern & Learn Points will not be accepted by Promoter unless attached to Stocker Sheet. When the Ern & Learn Points will not be accepted by Promoter unless attached to Stocker Sheet. The Ern & Ern

Myschool is: My name is:









Contact Details and Office/School Hours

School Phone Number 9671-6622 School Fax Number 9676-3048 School Address 36 Breakfast Road, Marayong 2148

School Email Address standrewsPrimary@parra.catholic.edu.au School Website Address http://ceo-web.parra.catholic.edu.au/ standrewsprimary/index.html

Postal Address PO Box 4010

Marayong 2148

8.50am to 3.00pm Infants School Hours

3.07pm Primary

School Office Hours 8.30am to 3.30pm Accounts 8.30am to 3.00pm

Children Arriving Late to School

Our school day starts at 8.50am with a Primary and Infants gathering. Children move into class quickly after these line ups. If a child arrives at school after the bell has gone parents need to take children to the office and sign them in - it is marked as a partial absence in the Roll.

Children Leaving Early from School

If parents ask to take their child from the school any time before 2.50pm parents must either: a) provide a letter explaining when and why their child must go early and go to the office and fill our an Early Dismissal Permission Notice or b) come to the office & fill out an Early Dismissal Permission Notice. In both situations your children will then be called to join parents in the school office. Parents are free to then leave the school grounds. The Early Dismissal Permission Notice is given to the class teachers who will record details as a partial absence and notes are kept as a record of attendance. Any request after 2.50pm parents will have to take children from afternoon dismissal lines.

Parking

Parents and visitors are asked to park between the appropriate traffic signs outside the school. Parking is not permitted in the Staff Car Park, the bus bay or any other no parking area. Serious injury to a child can result because of parents parking illegally.

It is school policy that no staff member is to administer medications at school such as Panadol, Cough Mixtures and Antibiotics. Parents are asked NOT to give their children medication and ask them to self medicate while at school. This is an unsafe practice as medication could be misplaced or incorrectly administered. Medications that need to be administered for long term conditions, asthma parents are required to complete a medical form which is available from the school office. The school also has a nebuliser for any child that may need to use it. Parents will need to contact the school office to make necessary arrangements. Puffers are to be kept with the child. Children should be taught how and when to use their puffer. Children who need puffers should be reminded to take them to sport sessions, excursions, or other activities that take place outside the classroom

First Aid

First aid is administered by the office staff. Parents are called immediately if a child may need special attention. It is important that we always know how to reach parents in case of an emergency.

Allergy

Throughout our school, we have several children with life threatening allergies. This is a serious matter that the school must address. We appeal to all parents to assist us in caring for these children by considering the type of foods you pack for your own child's lunch.

Our aim is to minimise the amount of peanut, nut products and other foods known to trigger allergic reactions (foods which are extremely dangerous to our children with allergies) Common foods that trigger an allergic reaction are listed below and we ask that they **not** be brought to school at **any time**.

- Peanuts including M & M peanuts
- Cashews, hazelnuts, almonds, walnuts, macadamia, pecan, brazil and all tree nuts
- **Peanut Butter**
- Nutella
- Whole egg boiled egg, curried egg
- Sesame seeds remember some bread rolls have sesame seeds on them including some McDonald's hamburger buns
- Foods that contain satay e.g. Thai, Malaysian, Indonesian dishes
- Chocolate blocks, biscuits and Iollies

Our canteen does not sell any of the above items. In the case where a child brings a food that may trigger an allergic reaction, teachers will bring the matter to the attention of parents. Checking the ingredient list on food items will assist you in deciding whether products are safe for school. If peanuts or nuts are not on the ingredient list of a particular packaged food but the food has the statement:

"MAY CONTAIN TRACES OF NUT....."

this food may be brought to school and consumed only by non -allergic children.

Due to safety concerns, we discourage children from sharing food. We would also appreciate parents speaking with children regarding this matter.

We thank you for helping us to provide a safe environment for all of our children.

Change of Address/Phone Number

It is important to immediately advise the school office of any change to address or home or emergency phone numbers. This information is essential to ensure effective communication and is kept in confidence. Parents are required to fill in an updated information sheet each year.

Parent Helpers/Volunteers

It is important to know that any parent helper or visitor working with children needs to have completed the Online Training Module-Child Protection for Volunteers located at http://ceoweb.parra.catholic.edu.au/asp/volunteerscpmodule/index.asp filled in a Prohibited Persons Form before commencing duties.

Second Hand Uniform Shop

The second hand uniform shop is open each Wednesday from 8:30am to 9:00am.

Uniform Shop

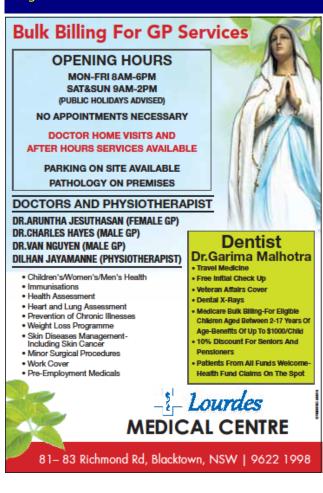
The uniform shop is open each Monday and Wednesday 8:30am to 10am. Ordering online or by phone is also available for parents who cannot make it to the shop. For more information please contact Ellie 0421 216 414.

Lost Property

It is very important that all children's belongings are clearly marked. Unlabelled items will be placed in the Lost Property box in the fover of the Canteen. Any unclaimed items at the end of the term will be given to the clothing pool.

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TERM 3					
Week	Mon	Tue	Wed	Thu	Fri
1 Newsletter Week	July 13 Staff Development Day	14 First Day for Students Term 3	15	16	17
2	20 P&F Meeting 7pm-8pm	21 Year 3 Mass	22	23	24
3 Newsletter Week	27	28 Year 4 Mass	29	30 Voice of Youth	31 St Andrews Assembly 2:15pm-3:00pm
Week 4 Sat 1 August Kinder 2016 Interviews	3 August	4	5	6 Year 6 Canberra Excursion	7 Year 6 Canberra Excursion
5 Newsletter Week	10	11 Diocesan Athletics Carnival	12	13	14
6	17	18	19	20	21 St Andrews Assembly 2:15pm-3:00pm Skill-a-thon
7 Newsletter Week	24 Book Week	25	26 Book Parade	27	28 Kinder Excursion to Art Gallery
8	31	Sept 1 Year 2 Mass 9:00am	2 Infants Sports Carnival	3 Father's Day Stall	4 Talent Show
9 Newsletter Week	7	8 Disco Years 3/4 Mass 9:15—Birthday of the Blessed Virgin Mary	9 Disco Infants	10 Year 1—Taronga Zoo Excursion	11 St Andrews Assembly 2:15pm-3:00pm Year 5 Bathurst
10	14	15 Disco Years 5/6	16	17	18 Touch Football Stage 3

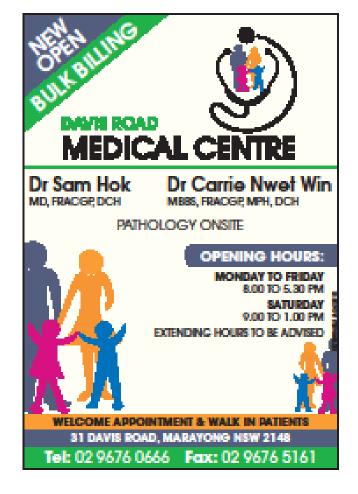




- Numeracy & Literacy Program
- Toilet Training Assistance
- School Readiness Program
- All Nappies Supplied
- All Meals Provided
- For 2 6 Year Olds

15 Breakfast Rd, Marayong www.playbrightmarayong.com.au

ENROL NOW 9622 7583





Learn in the tradition of

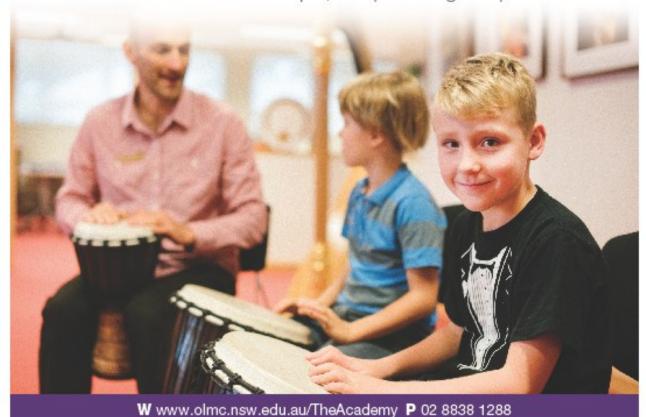
Mercy Music Excellence

- After School Hours Instrumental Lessons
 - · Weekend and Holiday Workshops

August 2015 Workshops for boys and girls aged 9 to 14 years

Strings Workshop: August 15 & 22, 9am-12pm Percussion Workshop: August 15 & 22, 1pm-4pm

Cost Per Workshop: \$150 (excluding GST)



CANTEEN PRICE LIST 2015

Please write your child's name. class and lunch order on a paper bag, place money inside and fold (no staples, sticky tape, foil or gladwrap required)

LUNCH BAGS

0.20



SANDWICHES	
2 Slice Bread and Butter	. \$1.00
Cheese	_
Cheese & Tomato	
Chicken	\$3.50
Chicken Lettuce & Mayo	. \$3.50
Chicken & Salad	\$3.50
Ham	
Ham & Cheese	. \$3.30
Ham & Tomato	\$3.30
Ham Cheese & Tomato	\$3.50
Ham & Salad	\$3.50
Salad	
Salmon/Lettuce	\$3.50
Sprinkle 100's + 1000's	. \$1.20
Strawberry Jam	
Tomato	\$2.00
Tuna	\$3.00
Vegemite	\$1.20
Vegemite & Cheese	\$2.00
ROUND / LONG RO	LLS
Buttered	
Cheese	
Cheese & Salad	. \$3.50
Ham & Cheese	

Cheese & Salad	
Checse of Janaa	\$3.50
Ham & Cheese	\$3.50
Ham & Salad	\$3.80
Salad	\$3.00
WRAPS	
Salad	\$3.00
Chicken & Salad	\$4.00
TT 0 C 1 1	44.00
Ham & Salad	\$4.00
	\$4.00
SALAD (TUBS)	\$4.00
SALAD (TUBS) Plain Salad	\$3.00
SALAD (TUBS) Plain Salad Cheese Salad	\$3.00 \$4.00
SALAD (TUBS) Plain Salad Cheese Salad Chicken Salad	\$3.00 \$4.00 \$4.50
SALAD (TUBS) Plain Salad Cheese Salad Chicken Salad Ham Salad	\$3.00 \$4.00 \$4.50 \$4.50
SALAD (TUBS)	\$3.00 \$4.00 \$4.50 \$4.50
SALAD (TUBS) Plain Salad Cheese Salad Chicken Salad Ham Salad	\$3.00 \$4.00 \$4.50 \$4.50 \$4.50

PIES / SAUSAGE ROLLS

Sausage Rolls	\$2.50
Small Pie	
Big Pie	\$3.50
Potato Pie	

SAUCES

Tomato\$0.20

HOT FOOD

4 Chicken Nuggets	\$2.00
6 Chicken Nuggets	
Chicken & Com Roll	
Com Cob	. \$1.00
Ham and Pineapple Pizza	\$2.80
Hot Dogs (with tomato sauce).\$2.80
Cheese Hot Dogs (with toma	to
sauce)	\$3.20
Cheese Burger (Beef Pattie +	bbq
sauce)	
Beef Burger (Beef Pattie, lett	uce,
tomato and bbq sauce)	\$4.00
Chicken Burger (Chicken Par	ttie,
lettuce and mayo)	
Fish Burger	
Vegetable Burger	
Pasta Bolognese	
Mac & Cheese	

YOGHURTS

Various Fresh yoghurt small ..\$1.00 Various Frozen yoghurt \$2.30

JELLY

Strawberry Lime, Orange, Pineapple, Raspberry or Strawberry \$1.00 each

ICE CREAM / ICEBLOCK

Fandangles Fairy Floss	\$2.00
Life Saver	\$2.00
Icy Poles Lemonade	\$1.30
Icy Poles Raspberry	. \$1.30
Zooper Dooper Various	
Tropical Jucies	
Wildberry Jucies	. \$1.50
Sunny Boys Raspberry, Cola	



* All Prices GST

inclusive

FRUIT

(when in season)

Banana	
Orange	
Fruit salad small tub \$1	.20
Fruit salad large tub \$2	.50
_	
Sultanas\$1	00

COLD DRINKS

Spring Water 600ml\$2.20

Quench 10% Fruit Juice Apple + Raspberry Blue Cola Lemon/Lime

Orange

Annle

\$2.20 each

JUICE

Orchy Orange Juice\$3.00 Orchy Apple Juice \$3.00

POP TOPS

Apple + Blackcurrant

Apple Orange Wild Berries \$1.50 each



FRESH MILK

Oak Lite Chocolate Oak Lite Strawberry

\$3.00 each

SNACK FOODS

SNACKTOODS	
Popcom\$	1.10
Red Rock Plain\$	1.40
Red Rock Honey Soy \$	1.40
Smiths Plain Chips\$	
Smiths Salt and Vinegar \$1	1.40
Snake or Mixed Lollies	
Marshmallows	
Cough Lollies	
Sweet Time	
Lollies	

Ice creams. Ice blocks and lollies are sold at lunch time only.