

St. Andrews Primary School

Newsletter Term 3 - Issue 15 2nd September 2016

From the Principal

As we approach Fathers Day this Sunday, I was thinking about my two beautiful daughters and what I hope that I might have taught them as their dad. I hope that they would see me as their protector, their coach, their friend their "go-to guy". I hope I taught them about working hard, about persevering - about not giving up or giving in. I hope that I have taught them how to be mentally tough, how to be gritty. This is a wonderful quality to develop to be successful in the messiness of our lives.

Doctor Angela Duckworth describes grit in an article I was reading in the Sydney Morning Herald as "perseverance and passion to achieve long-term goals; having stamina; sticking with your future day in and day out and working hard to make that future a reality; a marathon not a sprint."

Her studies have shown that there is a strong correlation between mental toughness and self-control. To achieve those long-term goals, she suggests, there are things mentally tough people avoid. Here are some of them;

- 1. Being negatively influenced by others Once they set their mind on a goal, nothing or no one can deter them from it. These people have set their face like flint to their destiny and they will not be deterred. They understand what Napoleon Hill, author of *Think and Grow Rich*, once said, "The number one reason people fail in life is because they listen to their friends, family and neighbours."
- 2. Allowing fear to rule We face many fears in our quest for success. For instance, the fear of failure, fear of criticism and fear of rejection. Mentally tough people see fear not as a voice telling them they will lose but as a sign that they are about to win.
- 3. Being small minded Small minded people see the world with blinkers on. They limit themselves and therefore others by their own prejudice. Mentally tough people like the former Prime Minister of England, Benjamin Disraeli, state, "Life is too short to be little." They have learnt to dream impossible dreams and follow their heart, realising it already knows what the dreamer wants to become.
- **4. Being threatened by others' successes** Mentally tough people genuinely relish the success of others and take lessons from them into their own life. They realise every emotion has a positive and a negative side. Therefore, they "covet" the qualities in those who win and say to themselves, "I admire that quality in you and I will embrace that quality and develop that in my life."
- **5. Resistance to change** Mentally tough people relish in change, embrace change, and know that what got them where they are today will not take them where they want to be tomorrow. Not only do they love change, but they understand that change must first happen in them before it happens through them, or as Mahatma Gandhi said so well, "You must be the change you wish to see in the world."

To all our dads I would say wouldn't these be some of the qualities that you would like to see developed in your own children? What can we do to model these to help our children grow up to be the successful, determined people that we want them to be?

To all our dads I hope you enjoy your day with your families, celebrating your greatest challenge with your greatest achievement.

Enrolments 2017- We are in the process of organising for next year. Kindergarten enrolment interviews are progressing well and it is great to meet new families and discuss the hopes and dreams they have for their children as they begin formal schooling. Just a reminder to all our current families that if you have a little one starting next year it is important that you fill out and application form and make an appointment for an interview immediately. You are also our best advertisement for our great school. Our numbers have been decreasing over the last five years. We are beginning to look more like a three stream school not a four stream school. Our staffing is based on our enrolments so it is important that our school facilities are fully utilised. Your positive support for the excellent education that your children are benefitting from is greatly appreciated.

Kind Regards Michael Tonnet Principal

Office News

OLMC Parramatta Open Morning Tour

Our Lady of Mercy College Parramatta warmly invites you to discover why a Mercy Education is treasured for Life at our Open Morning Tour on September 5, 2016.

Tour the College and enjoy a 'comfortable cup of tea' with the College Leadership Team and get a sense of the rich tradition and cutting edge education at OLMC Parramatta.

The College is now enrolling for 2018.

Visit <u>www.olmc.nsw.edu.au</u> or phone 8838 1222 to reserve your place or obtain further information.

Canteen - Now in stock!

- Fresh Yoghurt—Various Flavours \$1 ea
- Fish burgers \$3.50 each
- Veggie Burgers \$3.50 each

Lost Property

If your child has lost an item of clothing at school our lost property basket is located in the corridor beside the canteen. Thank you.

Second Hand Uniforms

The second hand uniform shop is open each Wednesday 8:30am to 9:00am.

Uniform Shop

The uniform shop is open every Monday 8.30-10.00am and Wednesday 8.30-10.00am.

Parents who cannot come in these hours can make an online order by downloading the order form from the school website and emailing the order to elle@ozfashions.com.au.

These orders need to be placed before Monday trading or Wednesday trading days to ensure they receive them on those days.

Orders will be sent to the office and they will be given to your child.

FOR ANY FURTHER ENQUIRIES PLEASE CONTACT ELLE: 0421216414 or

EMAIL: elle@ozfashions.com.au

Infants Sports Carnival—14th September

Please check your child's bag for an information note and sausage sizzle order form for the upcoming Infants Sports Carnival. All *INFANTS* children will receive these notes in the coming days.

Spotlight on the Orchestra



Parents and Friends



Welcome to Term 3 – fathers day edition. Clearly this will be the most biased one-eyed newsletter of the year so sit back and enjoy the beauty that are Fathers

The P&F still need a few more volunteers for Thursday and Friday Fathers day stalls – please if anyone can help please contact **DENISE** on 0421306996. Clearly the most important request for volunteers EVER!

OK mothers here is a song to teach the kids for Sunday

Tune: Row, Row, Row Your Boat

I love, love, love you, Dad You are really smart. I'll love you forever and ever and ever, Always in my heart. Repeat: 100 times



Election Time – Blacktown City Council 10 September

Jumping away from the topic at hand for a minute the election for local council is coming up. St Andrews has once again been selected to be a polling place for the upcoming local council election . This means 2 things a great opportunity to pick up some amazing cupcakes and a sausage sandwich whilst of course voting as well. We are looking for volunteers for the day to help on the BBQ as well as anyone who wants to donate cupcakes. It all goes towards raising money for the school.

Please contact Denise below to volunteer or help with cupcakes .. DENISE on 0421306996

Coming Events

Infants Sports Carnival – The BBQ is being organised by **THEA CLEMENTS** and this will be held on the 14th September. Thea is looking for some volunteers ASAP ph 0414015819.

Now before we finish this newsletter today, Let me take just a few extra moments to say. To all the dads out there you are all great in my books Hard working, kind of heart and probably amazing cooks Enjoy the day now go have some fun Because by Monday – Mums back to being number 1



And now for a bad Dads joke -





A message from the Talent Show Committee ©

The annual St Andrew's Got Talent Show is finally here! We ask you to mark your calendar for the upcoming event, which will be held on Friday the 23rd of September, Week 10. The performance is held in the school hall at 11.45am.

All children will be allowed to audition for the show. They can practise an act either as an individual or in a group with peers in their grade. We ask that the acts are to be no more than **two-minutes**.

Students wanting to audition will have to complete an audition form from their class teacher. We ask parents to support your child in preparing them for the show and encouraging them to have-a-go.

Auditions will be held in each grade during week 8 to select the 2 finalists for the 2016, St Andrew's Got Talent Show! The chosen finalists will receive a golden ticket, inviting them to showcase their act in front of the whole school.

This is a wonderful and fun community event that students enjoy being part of. We hope to see you there to support the students and celebrate the talent at St Andrew's Primary school.



Student of the Week

| | Ottation of | the Week |
|----------|-----------------------|-----------------------|
| K Blue | Kasandra Razon | Riley McGuirk |
| K Green | Samuel Jesuorobo | Adam Amabile |
| K Red | Rachael Griffiths | Jack Palmer |
| K Yellow | Joshua McKibbons | Roxanne Walsh |
| 1 Blue | Sean Kleinig | Ysabella Alfonso |
| 1 Green | Luka Tojcic | Name Withheld |
| 1 Red | Lucas Wu | Grace Atwal |
| 1 Yellow | Name Withheld | Mikaela Hooper |
| 2 Blue | Andrew Martignago | Name Withheld |
| 2 Green | Danielle Lau | Lachlan Hatcher |
| 2 Red | Harudhay Badesha | Claire Giffney |
| 2 Yellow | Brock Walker | Sean Ninte |
| 3 Blue | Name Withheld | Dimiana Abadier |
| 3 Green | Danielle Amabile | Mia Guiterrez Lanosga |
| 3 Red | Name Withheld | Lebron Mantua |
| 3 Yellow | Cateleen Pardillo | Name Withheld |
| 4 Blue | Rhys Prats | Erin Blanch |
| 4 Green | Jiselle Batu | Max Taniegra |
| 4 Red | Dominic Watson | Aryan Rao |
| 4 Yellow | Jeda Osorio | Alastair Pineda |
| 5 Blue | Luca Sessa | Olyvia Radovu |
| 5 Green | Name Withheld | Christopher Ghazaleh |
| 5 Yellow | Christopher Simonetta | Name Withheld |
| 6 Blue | Alyssa Sabbadin | Christian Vergara |
| 6 Green | Thyrone Henderson | Asmi Walia |
| 6 Red | Daniel Azzi | Jacob Kirkby |
| 6 Vallow | Jeremy Mathias | Jacob Hay |

Jacob Hay



School Holiday Music Workshops

Boys & Girls in Years 3 - 12 are invited to the Big Bash and the Big Sing!

The **Big Sing** is a great opportunity to gather with other singers in a relaxed, fun environment and explore your voice further, guided by a professional singing teacher.

When: Monday 26 September, 9am-3pm

The **Big Bash** workshop is led by professional drummers and covers many facets across the percussion art form. During the day, students will cover the origins of drumming, technique, reading, hand drumming, the drum kit, orchestral percussion and even create their very own original piece of music.

When: Tuesday 27 September, 9am-3pm

Where: Christina Creede Music Centre, Our Lady of Mercy College Parramatta, Victoria Road, North Parramatta

Cost: \$75 (OLMC Student), \$110 (non-OLMC Student)

To apply please go to:

http://www.olmc.nsw.edu.au/the-academy/apply-now







ABOUT THE ACADEMY

Located in the Christina Creede Music Centre at OLMC Parramatta, the Mercy Music & Performance Academy Parramatta aims to cultivate and nurture the creative talents of young performers by offering instrumental lessons and holiday and weekend workshops to boys and girls in Years 3 to 12.

Building on the strong musical tradition established by the Sisters of Mercy at OLMC, the Academy mirrors the College's Christ-centred approach and commitment to the Mercy Values, with a particular emphasis on excellence.

For more information about the Academy, please visit the website.

http://www.olmc.nsw.edu.au/the-academy/index



Summer Hockey

You've seen it at the Olympics, now it's your turn to have a go.

Weekday and or weekend programmes 6 years to adult Beginners to experienced players

To find out more contact Lyn on: 9674 2876 or

0421 798 242

or visit our website:



http:// www.kingslangleyhockey.org.au hockeyblacktown.org.au

Local Low Cost Family Fun



MORGAN POWER RESERVE
VARDYS ROAD



VARDYS ROAD
KINGS LANGLEY



REGISTER FOR 2016/17 SEASON www.kllac.org.au

SEASON STARTS FRIDAY, 9 SEPTEMBER PRC—(Parent Representative Council) Upcoming Events

 Term 3, 2016 General Meeting - Mon 22 Aug 2016

Topic: Helping Your Child Manage Anxiety

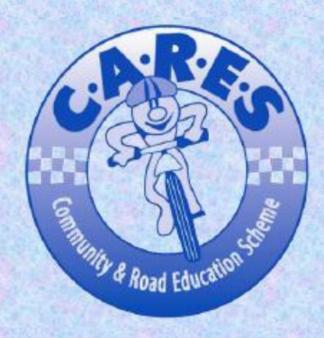
College Library, Nagle Girls' Catholic College, 58A Orwell Street, Blacktown Sth

31/5/2016 07:00 PM until 22/8/2016

 Term 4, 2016 General Meeting - Mon 14 Nov Topic: Future Directions/Where we're heading in Catholic Education Diocese of Parramatta

Diocesan Assembly Centre, Cnr Flushcombe Rd & Marian St, Blacktown

23/8/2016 07:00 PM until 14/11/2016



AUTO PLACE X PETER BROCK DR, PROSPECT

TUESDAY 4TH OCTOBER 2016

10AM - 2PM

Come along during the school holidays and ride in a safe environment with real traffic lights.

Bring your own bike and helmet

Face Painting

Parking is on site and free

Bring a picnic

Sausage sizzle and drinks

Adult Supervision required

D

A

Y





| TERM 3 | | | | | | |
|-------------------------|---|--------------------------------------|---|----------------------------|-------------------------------------|--|
| Week | Mon | Tue | Wed | Thu | Fri | |
| | 18 July | 19 | 20 | 21 | 22 | |
| 1 Newsletter Week | | | | | | |
| Week | | | | | | |
| | 25 | 26 | 27 | 28 | 29 | |
| | P&F Meeting 7pm | | | Yr 6 Canberra Excursion | Year 5 Mass | |
| 2 | | | | Gariberra Execution | Yr 6 Canberra Excursion | |
| | August 1 | 2 | 3 | 4 | 5 | |
| 3 | | | Reconciliation Year 4 | | St Andrews Assembly—Year 1 | |
| Newsletter Week | | | | | 100 Day of Kinder Celebrations | |
| | 8 | 9 | 10 | 11 | 12 | |
| 4 | 0 | Reconciliation Year 6 | 10 | " | 12 | |
| | 15 | 16 | 17 | 18 | 19 | |
| 5 Newsletter Week | Feast of the Assumption Mass 9:15am | Blacktown Zone Athletics Carnival | | | | |
| | 22 | 23 | 24 | 25 | 26 | |
| 6 | Stage 1 Mass 9:15am | 25 | Reconciliation Year 5 | 23 | St Andrews Assembly Year 6G & 6R | |
| BOOK WEEK | Author Visit | | | | Reconciliation Year 3 | |
| | Term 3 fees due | | | | | |
| | 29 | 30 | 31 | September 1 | 2 | |
| 7 | 4 Green Cares Excursion | 4 Blue Cares Excursion | 4 Yellow Cares Excursion | 4 Red Cares Excursion | Kinder Fathers Day Liturgy | |
| Newsletter Week | | | | Fathers Day Stall | Fathers Day Stall | |
| | | | | Year 1 Zoo Excursion | _ | |
| 8 | 5 | 6 | 7 Fundraising Day— Children wear green and gold | 8 | 9 Year 5 Bathurst Excursion | |
| 9 | 12 | 13 | 14 | 15 | 16 | |
| 9 Newsletter | | Stage 2 Disco | Year 5 Mass 9:15am | Infants Disco | St Andrews Assembly | |
| wewsietter Week | | Voice of Youth Semi Final | Stage 3 Disco Infants Sports Carnival | Way of Mercy Liturgies | Year 4Y & 4R | |
| | 19 | 20 | 21 | 22 | 23 | |
| | | | | | Talent Show 11:45 | |
| 10 | | | | | Last Day Term 3 | |